

Uralla Wordsworth

Published by Uralla Wordsworth Incorporated

Uralla's **FREE** Fortnightly Newspaper

Established 2018 Issue **140**, 29 April 2024 Estimated circulation: 1,000

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www.urallawordsworth.com.au

  urallawordsworth

ANZAC Day 2024 in Uralla



Uralla every year celebrates Anzac Day with a march. Our town goes all out with the local schools and service people marching down to Alma Park while the streets are lined with spectators.



Photos courtesy Michael Hull



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Robert Bell was elected Mayor of Uralla Shire Council in December 2021, after serving five years as a Councillor. He was previously Director of Engineering for Uralla Shire Council, lives in town, and has a grazing block at Kentucky. Cr Bell gives a personal view of some of the more important matters concerning Council and ratepayers in recent weeks.

Uralla take a bow. The ANZAC Day commemorations were an outstanding success. The Dawn Service saw well over 200 cadets, return servicemen and women, plus the wider community enjoy a balmy 9 degrees. The 10am march along Bridge Street and Hill Street to Alma Park included return servicemen and women, cadets, the Gens Altera Pipes and Drums, all the schools, NSW Fire & Rescue, Diggings RFS, Lions Club, Red Cross, CWA and the two horses. The gathering had the honour of being addressed by Commander Michael Doncaster R.A.N. As the crowds grow each year, it is in no small measure due to the teachers, students and parents of our wonderful schools.

The Rotary Club of Uralla's egg and bacon rolls following the dawn service were a huge success. Special thanks to Kevin and Sarah Northey for donating the bacon and Sally Barnden for donating the eggs. All donations were handed over to the Uralla RSL Sub Branch. Congratulations to RSL Sub Branch President Russ French and his team. It is important that we remember that the RSL has a pivotal role in supporting our active and returning service men and women.

Special mention to the Uralla Shire Council staff who had Alma Park in top shape and once again managed the traffic to ensure everyone's safety.

The Kentucky Progress Association will hold a "Save our Shop" community meeting at 2pm on Sunday May 5 at the Kentucky Hall. This meeting will provide updates and information to stakeholders/investors and the community.

Rod and Deb McGrath are planning their well-earned retirement at the end of this month.

Also on Sunday is the "Do it for Dolly Day" at Woodville Oval, set down for 10am for a 10:30am start. This event is being organised by the Uralla Youth Council.

Congratulations to the Uralla Golf Club on another very successful Veterans' week of golf. With players from all over the state, more than 125 teed off each day. Even the weather was supportive, with the storms holding off until all the rounds had been completed. This week has now become an annual fixture in the Veterans' calendar.

Congratulations also to the Uralla Neighbourhood Centre who organised a wonderful Youth Fund Day at Alma Park. With over 100 young people, plus parents and grandparents, Rotary seemed to cook a huge number of sausages. I know I am getting old when not all the music is to my taste.

At Council's April meeting, it resolved to place two draft policies on public display, and invite interested parties to make submissions. The first is the "Keeping of Animals in Urban Areas." This covers dogs, cats, goats, sheep,

horses, cattle and poultry. The second draft policy is "Liquid Trade Waste Management Policy." Copies of both drafts are on Council's website or if you would like a hard copy, please contact Council direct.

Adam Marshall MP has advised that his valedictory speech will be held on May 8 from 10:15am. It will be interesting to listen as to whether he goes quietly, reflecting on his many achievements, or leaves with a bang! The link to this speech is on Adam's facebook page. I wish him every success in the future. Adam's resignation will mean a by-election will be held. Please check if you are on the electoral role. This is especially for those who have or are about to turn 18 years of age. The roll for the Local Government Elections to be held in September close on Monday August 5 at 6pm.

Thanks go to Cllr McMullen, for attending the recent Country Mayors' Association Housing Conference in Forbes, on my behalf. His report from the conference will assist Council and Council staff find a way forward on this difficult issue. Council has also employed a Strategic Planner, utilising EnergyCo funding, to produce a draft Housing Strategy. Council is still to formally consider worker accommodation options.



Robert Bell
Uralla Shire Resident
M: 0434 244 774
robertbell1055@hotmail.com

Uralla Community Street Store

29 Apr - 5 May - Uralla Historical Society

6 May - 12 May - NE Lapidary & Fossicking Club

Call Uralla Shire Council to book - 6778 6300

To download the 2023 street stall schedule go to:

<https://www.uralla.nsw.gov.au/Community/Community-Information/Uralla-Community-Street-Store>

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Carriage Driving in Uralla



Carol Logan competing with her pony *Holly*

Did you know you can spend a lovely Sunday watching carriage driving at Uralla Showground every third Sunday of the month. Spectators are welcome. The joy of watching ponies being carefully directed around the course can result in a pleasant morning spent smiling.

Sunday 17th March saw visitors arrive for the Uralla Branch of the Tamworth Horse Drawn Club. The meetings happen at various locations each month. The aim of these days is to get the horses out mixing in company and of course to have some fun.

Marilyn Wood, an experienced carriage driver from Kentucky, explained the art of carriage driving. "We use anything from two-wheel sulkies to four-wheel marathon carriages. They can be technically advanced. Some have front, and/or, rear brakes.

The horses can range from very cute tiny miniatures to great big Clydesdales. The club is very inclusive. There are no limitations on the size of the ponies. Our priority is that everyone, horses, and people, are safe. The carriage must be safe and suit the animal pulling it.

We do have days when people can come and try the sport. Often older people who feel riding is getting a bit beyond them, take up carriage driving as a way of staying involved with horses.

There are challenges going from riding to driving. The human body is no longer in contact with the horse. The carriage means that the horse is a long way from the driver. The aim is still to get the best out of the horse or pony. As Marilyn explained, "The horse has to be tuned into voice commands. We have the reins, we have a whip – not to make the horse go faster, but to guide the horse – to bend the horse around the corners. The whip replaces the leg of the rider. Because you have such little contact with the horse you must have the horse tuned into your voice commands.

"The whip is a guide. You can use it to just touch the shoulder of the horse. The whip is long and has to be of a suitable length, so the driver is not leaning forward towards the horse. The driver talks to the horse as the whip tip reaches for the horse's shoulder.



83-year-old Margaret Neely from Manilla has had her pony *Lucky* since he was 9 months old.

Right shoulder touch means curved movement to the right. Each individual driver must be consistent with their commands. Same word at the right time and the horse will learn the correct response.

Perhaps Margaret Neely from Manilla was the oldest participant on the day in her 83rd year. She has one knee replaced and is about to have her second knee done. Her pony called "Lucky" is nineteen years old. She rescued him from the dog food factory as a little colt. Now 18 years later she is still carriage driving with him.

Jann Karp, Uralla

High Country Markets

Uralla Showgrounds
1st Sunday of the month
8am to 12.30pm



ANZAC Day in Uralla

Anzac Day was commemorated with a large turnout of people to both commemorative services. Crowds were reported to be the largest in living memory – an estimated 300 at the Dawn Service and well over a thousand for the main service.

The special message on the day was presented by Commander Michael Doncaster RAN. The services were enhanced by the attendance of the cadets of Army Cadet Unit 251 from Armidale.



Russ French, Uralla RSL Sub Branch President, was very excited about this year's Anzac commemorations and the support received from the people of the district. He said the Uralla community did themselves proud by turning out in such large numbers to show their appreciation and respect.



Photos courtesy Michael Hull

PUBLIC MEETING



Sun 5th May
2pm

Kentucky Hall

Info, Question time

f Kentucky NSW Co-op

ATTENTION VETERANS

If you are in need of assistance

of any type

financial, physical, emotional etc

or you just need a chat with someone who knows ...

contact us on 0401 932 107

or email urallasb@rslnsw.org.au

your privacy is guaranteed, we are with you

Uralla Sub-Branch of RSL NSW



Listen every second Tuesday morning for a live to air interview about the latest edition of the Wordsworth, on FM 92.1 or on the internet: <https://2arm.net.au/listen/>

STORM, FLOOD, FIRE: DISASTER PREPAREDNESS



HAVE YOU DONE YOUR EMERGENCY AND FIRE RISK PLANS YET?








ARE YOU NEW TO THE DISTRICT?

JOIN US at a 'HOW TO' workshop with guest speakers from the NSW State Emergency Service (SES), NSW Rural Fire Service (RFS)

6PM - 9PM
WEDNESDAY 1ST MAY 2024,
URALLA COMMUNITY CENTRE,
9 HILL STREET, URALLA

TOPICS INCLUDE:

-  Regional Threats Overview
-  SES RESPONSE – how it works...
-  RFS RESPONSE – how it works...
-  How people could prepare themselves – SES Get Ready Campaign
-  Step by Step – Do an Emergency Plan and a Fire Risk Management Plan for your home/business



**FREE
EVENT**
DINNER PROVIDED

 **RSVP**

Registrations essential at Sticky Tickets:
<https://www.stickytickets.com.au/ZOT94>



PEOPLE LED PREVENTION PROJECT
Landcare NSW's People Led Prevention project empowers communities across regional NSW in developing disaster resilience and preparedness skills. Jointly funded by the Australian and NSW Governments.



Changes to Uralla Wordsworth

Starting with our next edition no. 141 on Monday 13 May 2024, we will be devoting increasingly more attention to the NSW local government elections to be held on Saturday 14 September. This will culminate in a special election edition, to be published in the week before the election, wherein each registered candidate will be given an opportunity to put their case before the citizens of Uralla Shire. This will make the practice, established before the previous local election, into a tradition, we hope.

To this end, we will be introducing in each edition an Electoral Section, where candidates or people thinking of running for Council, are able to raise their profile to the community, and where residents can raise issues they feel are relevant to Council. As always, all contributions are welcomed providing they are in keeping with our editorial practices, and as long as space permits.

As a result, we have decided to discontinue Robert Bell's popular column starting from Edition 141. This was not an easy decision to make, because Robert's column was a great source of information about Council matters, but we think it is a fair one, in view of the imminent elections. We thank Robert for his dedication and diligence in delivering his column for five and a half years.

After the elections are declared, we will extend invitations to all Councillors, new and old, to contribute their views to Uralla Wordsworth, either regularly, or as a one-off.

The Editors, Uralla Wordsworth

Important dates for the elections can be found here:
<https://elections.nsw.gov.au/elections/local-government-elections/2024-nsw-local-government-elections>

Uralla Lady Bowlers Attend ANZAC Day Service

President Roz Rhodes and Lyn Buckingham represented Uralla Women's Bowling Club at the Uralla ANZAC DAY service on Thursday 25th April at Alma Park where they laid wreaths at the town's Memorial Gates in honour of all our brave men and women who gave their lives in two previous World Wars, as well as in countless other wars and skirmishes since 1945.

We are here playing bowls today because of those men and women. Our Bowling Club rose from the ashes of war. It came into being in 1945 with the return of our military from fighting in many different spheres all across the world. These brave ex-combatants, on arriving home from the horrors of war needed a place to relax, a place to recover, a place to help them pick up the reins of their previous lives. Our town's leaders decided to build them a club. A Bowling Club!

We lady bowlers of today want to continue paying service and respect to these worthy people, as our predecessors have been doing since 1950, when the first female bowlers made their appearance on our greens, some of whom might have served in WW2.

"They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We do remember them!"

**Pauline Crouch, Publicity Officer,
Uralla Women's Bowling Club**

ANZAC Day in Uralla



Phyllis Mumford who is 90 years old enjoyed the march with Remy and Simon Mumford.



Roz Rhodes and Lyn Buckingham ANZAC Day 2024

Save Our Shop

Public Meeting, Sun 5th May 2pm @Kentucky Hall

The Kentucky Store, which has been operating for almost 100 years, has been for sale for the past few years but to date hasn't found a buyer. After committing much of the last 20 years to serving the community the current owners are keen for a change.

This provides an opportunity for new owners to come on board to serve the community and offer a place to meet and eat in the cafe, collect essentials and parcels from the postal service, fill up with fuel or grab a bottle of gas, enjoy a drink with friends in the new bar, browse local wares for sale, and we hope much more in the future.

Over the last few months, a group of residents has been working towards preventing the store closure by forming a cooperative. We feel that having a local store is important to our community and visitors alike. We hope you feel that way too!

You may be wondering how you can help, and the good news is that there are many ways you can show your support. Please get in touch to let us know if you can contribute time, money (shares are \$1000 each), and/or goods/services.

To be clear, we need to have all pledges for funds promised before mid-May, so we know if we have enough to make an offer to buy the Store.

For updates, information, or to ask a question please email us at kentuckynswcoop@gmail.com or call 0403 960 041, or search Kentucky NSW Co op on Facebook to keep up to date.

We need your help to keep the shop open!

Kevin Hughes, Chair of Co-op Committee, Kentucky

(See advertisement elsewhere in this paper)

Deadline for the next edition of the Wordsworth is

5pm Thursday 9 May 2024

Please email all contributions including advertising, letters to the editor and articles to urallawordsworth@gmail.com



URALLA
LOCAL FOOD COLLECTIVE
Supported by ZNet Uralla

*Sharing knowledge & food abundance,
building resilience, and embracing sustainability*

**High Country Markets
Uralla Showgrounds
First Sunday Of Every Month**

BUY, SELL & SWAP

Hey Uralla!

Bring your surplus produce to our stall at the markets to swap or have us sell on your behalf.

or

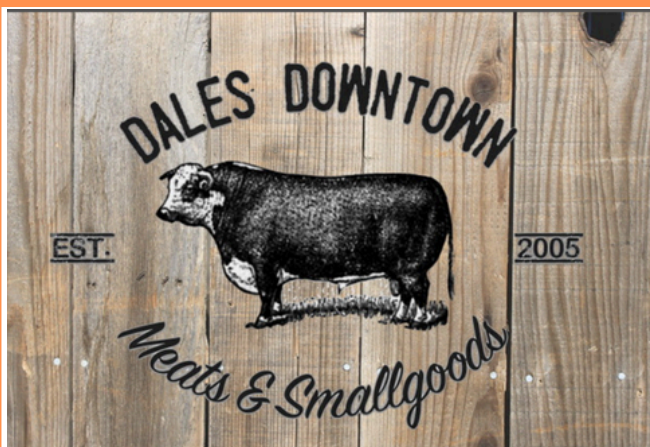
Support our local producers by buying some fresh, locally grown produce from the stall.

Contact us for more information
Bobbie 0416 411 065 | Todd 0401 181 544

**EMPLOYMENT OPPORTUNITIES
at Uralla Shire Council**

UINT/22/11373
Information about vacant positions and access to Council's interactive application is available on Council's website: [Working at Uralla Shire Council Uralla Shire Council \(nsw.gov.au\)](http://Working at Uralla Shire Council Uralla Shire Council (nsw.gov.au))

Council is regularly employing across a wide range of service areas such as: general hand, truck drivers, plant operations, landfill operators, aged care, direct support workers, administrative and professional roles. Ask us about our casual, term and permanent positions.
Tel: 6778 6300



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Running Wild – Episode 9

Leave This Place (Fiction)

3. Recap: At the Uralla Watchhouse, Angus Blackman, the NSW Coroner's Assistant, packed his belongings for his return to Sydney. He lamented what a quandary the case of the killing of the man allegedly known to be Fred Ward, 'The Captain'. On leaving Blackman said 'find that Tranter revolver Walker, whatever it takes.

The gals unloaded their belongings into the hayshed. They removed the packs and tack, releasing the plough horse into the yard, with a pat and armful of fresh hay. A quick wash at the trough and to the house to see what chores The Lady had planned.

The Lady was standing on the back step of the farmhouse when the gals rounded the corner of the chicken house. Within earshot she said, 'Now that there won't be any time wasted coming down from that blasted mountain, there will be much for us all to do'. Nellie replied, 'Yes mam we won't miss going up and down the mountain'. She looked at Molly who nodded her reply. 'Now! All windows will be cleaned, curtains washed, and floors scrubbed. If we get that done before Bill's return, then fence and walls will be whitewashed'. She motioned to a bucket and a small pile of cotton rags and said, 'Off you go then, take all the curtains from the front rooms and start washing those windows. Do it well mind, remember cleanliness is next to godliness'. With a wave of her hand The Lady went off in the direction of the laundry house to light the copper.

The gals worked hard, cleaning and washing windows, curtains washed and hung out to dry on the long line that ran along the side of the laundry house. Then it was onto the floors, swept and scrubbed. By day's end all were dog tired, the gals went back to the hayshed to cook their meal on the open fire. Usually, Nellie and her Molly would sit by the firelight for a time, and on a clear night watch the stars. Nellie would tell her people's stories of the stars and their movement across the sky. Molly loved these times and often The Lady would walk down in the moonlight. She sat on a log a little away from the pair but watched and listened intently, sometimes quietly humming.

It was an event when Bill returned up the house track, riding a strange animal that Molly had never seen, the little donkey. Both gals saw him as they whitewashed the front fence. The Lady heard their shrieks and came out onto the veranda to check on the commotion. The gals waved, The Lady waved, and Bill waved back. Molly ran out to meet Bill, as the little donkey quickly trotted, with head low, toward the greeting party. She ran alongside Bill, studying every inch of this unworldly animal. At the fence Bill and donkey halted, he dismounted and tied up, 'Bill, what's your ridin?', asked Molly. 'It's a donkey, got it cheap off a miner at Eleanora, thought it would be good for your trip home. If you treat him right, he will do you right'. Molly hugged the little donkey's neck and scratched behind his long ears. The donkey seemed to enjoy it, nuzzling Molly's feet when she was done.

Daryl Albertson, Kellys Plains

Youth Week's Over

Now Something for the Seniors and Disabled in Our Community

Uralla Neighbourhood Centre had a very successful Youth Week with all the events being well attended. The Friday night disco had many children and parents having fun.

The fun continued during the week with Bubble soccer and an Escape Room in the hall.

Despite the less than favorable weather the final event to bring Youth Week to a close for us 'The Family Fun Day' in Alma Park had over 100 children attend.

Our next events are a Seniors' Expo on Thursday 2 May 2024 and a Disability Expo on Friday 3 May 2024.

(See our posters around town soon)

Exhibitors will have information displayed and some will do presentations that will be interesting for seniors and people with a disability. It will be at the Memorial Hall 10am to 4pm

We are holding these inaugural events to try to showcase what there is available in our community for seniors and community members with a disability. We have invited anyone we thought may be interested in showing our community what they have to offer. If we have missed contacting anyone, please contact us. It is never too late to come and set up a display to show the community what you have to offer. It is free to exhibit and free entry for all community members.

A canteen will be available for lunch, morning and afternoon tea.

Our Youth Council is also organising a *Do it for Dolly Day* Colour Run/Fun Day, Woodville Oval Sunday 5 May 2024 10am. (See posters around town and details on Facebook)

Please support these Community Events.

For more information, please contact the Uralla Neighbourhood Centre

Ph 02 6778 3277 Email office@unc.org.au

Carol Barnden, Uralla Neighbourhood Centre



Bubble soccer at the Family Fun Day



Building Biodiversity on Solar Farms **WORKSHOP**



Big Ridge, Uralla

Tuesday 21 May 9.30am - 12.30pm

Join us for a presentation in the shearing shed followed by a workshop outdoors. Bring sturdy shoes, fold-up chair, hat and jacket. A light lunch will be provided, along with a copy of the Building Biodiversity on Solar Farms Guide.

Speakers include:

- Dave Carr, Stringybark Ecological
- Heidi McElnea, Community Power Agency
- Dr Eric Nordberg, UNE
- Richard Munsie, Big Ridge
- Tim Wright, Natural Capital Farming

Explore the intersection of:

- Ecology
- Conservoltaics
- Regenerative Agriculture



No cost but registration is essential:

<https://www.stickytickets.com.au/DMRLT> or scan QR code



Community Calendar

Please email urallawordsworth@gmail.com if you have an event or regular meeting date for your organisation.

Please check with event organisers about the status of listed events

Uralla Rotary Club meets on the 2nd and 4th Mondays at 6.15pm at Uralla Bowlo, dinner optional after meeting.

Uralla Lions Club meets on the 1st Wednesday of each month from 5/5.30 in the CWA Rooms

Uralla Fire & Rescue meet on Tuesday nights at the Uralla Fire Station from 6 - 7.30pm

Uralla CWA meets on the 4th Friday of each month, 10am at the Uniting Church Hall, Maitland St, Uralla

Uralla Computer Bank is open Mon, Tues and Thurs from 9.30am – 3.30pm at Uralla Shire Waste Depot,

Ph: 67784918 New email: cbne.uralla1@gmail.com

Computer Classes are each Friday from 9am - 11.30am at the Uralla Community Centre. \$5.00 including morning tea.

Uralla Anglican Church meets at 10am each Sunday for worship, prayer, fellowship & Johnno's Kid Club in Park St

Uralla Hospital Auxiliary meets on the 2nd Tuesday of each month, 2pm, CWA Rooms in the Literary Institute

Uralla Show Society meets on the 2nd Tuesday of each month from 7.30pm at the Uralla Showground

Uralla Shire Business Chamber meets 1st Thursday of each month at 6pm at the Uralla Bowling Club

Uralla Town & Environs Committee meets on the first Monday of each quarter from 6-7pm in the USC Chambers

Uralla Tennis Club Social tennis 3:00pm Sundays. Hot shots Jnr Tennis, Uralla Sporting Complex Sat. 9am – 10am.

Uralla Auto Club Inc. meets at 7 pm on the first Tuesday of each month at The Bowling Club.

Uralla Red Cross meets on the first Friday of each month at 2pm in the CWA rooms in the Literary Institute

Uralla RSL Sub-Branch meets on the last Sunday of the month at 10.30am in the RSL Rooms, the Uralla Memorial Institute, 55 Bridge Street, all veterans welcome.

Uralla Women's Bowling Club 10am Wednesday for club bowls. Mixed social bowls on Sunday mornings, all welcome. Bistro lunch available.

Uralla Historical Society meets on the 2nd Thursday of each month at 5pm at McCrossin's Mill.

Uralla Men's Shed open Tuesdays and Wednesdays 9:30am - 12:30pm, 18 Uralla St North, (old Scout Hall site) Phone 0419151253, Hours usually extended in Daylight saving. Email: urallamensshedcommittee@gmail.com

Uralla Community Neighbourhood Centre. Monday by appointment, Tuesday and Wednesday 9:30 to 3pm, 67711457 0419149244, Urallacnc@familysupport.org.au

Uralla Tigers' Supported Playgroup FREE, every Wednesday during school terms, 10am - 12pm, St Joseph's Primary School, contact Nenneh on 0450437068 or Momena on 0481983442

Uralla Book Club meets on the first Saturday of each month, 8:30am at the Alternate Root

Uralla Food Pantry, Mondays 10am - 2pm, Uralla Neighbourhood Centre. Good range dry goods, & fruit/veg. Fill a supermarket coloured bag \$15. New members welcome. Uralla Neighbourhood Centre, Ph: 6778 3277 or email : office@unc.org.au Donations welcomed.

Freemasons (Masonic Lodge of Peace #120, Uralla) meet the 3rd Tuesday each month, interested persons contact Dennis 0435 727 162 or John 0411 374 334

High Country Markets are held on the 1st Sunday of the month from 8am until 12.30pm at the Uralla Showground

Uralla Combined Pensioners and Seniors Association meets at Uralla Bowlo on the first & third Tuesdays of the month, 10am. New members welcomed, Ph. 0438433735

Uralla and District Uniting Church meets Sundays at 9.30am for worship. We are now able to meet in our beautiful church conveniently located at the corner of Hill and Maitland streets. First Sunday of each month is a communion service. All are welcome to attend. The first Sunday of each month is a communion service.

Uralla Garden Club meets every third Saturday of the month at 1.30pm. We have no set permanent venue, but meet at a different member's garden or we visit other open gardens. New members are very welcome. Contact: urallagardenclub@gmail.com or Jenny 0435 593 850

The Armidale District MS Branch meetings (including AGM) will be held at Armidale City Bowling Club on the first Monday of the month at 10:30am except for the December when it will be on the second Wednesday at 11am.

Armidale District MS Branch Support Group Meetings are held second Wednesday of the month, at Armidale City Bowling Club at 10:30am

Events For Your Diary

Seniors' Expo - Uralla Memorial Hall, Thursday 2 May, 10am - 4pm

Disability Expo - Friday 3 May, Uralla Memorial Hall, 10am - 4pm

Do it for Dolly Day Colour Run/Fun Day - Woodville Oval, Sunday 5 May, 10am

High Country Markets - Sun 5 May, Uralla Showground, 8am to 12:30pm

Gallery U Opening, Jean Howlett Exhibition - Fri 5 July, 46 Bridge St, 5pm

The Wisdom of Uncle Dorothy and Aunty Bob

Sound advice when you need it from people you can trust

Do you have a problem you would like Aunty Bob or Uncle Dorothy to help you with? Send an email to urallawordsworth.com.au. Or drop a written note into the Uralla brewery.

Dear Aunty Bob,

I've been feeling a little flat of late. I'm worried that although I live in this amazing town of Uralla, I still feel sad more often than I should. What's wrong with me, and do you have any suggestions on how I might perk myself up? Would really appreciate your help.

Ms Rubbles

Dear Ms Rubbies, I am now sad that you are sad. Sadness is a virus that can spread faster than Covid. But what are the cures for sadness?

No.1 *Don't Worry be Happy*, as the song says. **No.2** Whilst on songs, sing every day, doesn't matter if you are a terrible singer, sing to yourself, sing in your head, sing in the shower. **No 3.** listen to music. Music makes the world go round. It may even improved your singing. Go to Uralla Arts live music gigs where you are sure to find happiness. **No 4.** Make a new friend every day. The more friends you have the happier you will be and the more support you will have day to day. **No. 5** Keep busy, make sure you have a hobby like gardening, playing a musical instrument, knitting, helping people, **No 6.** Get regular exercise, walk every day, do some yoga or stretching. Maybe even ride a bike. **No 7.** Stop worrying about things you can't change and concentrate on changing the things that you can change and will make you a better person. **No 8.** Drink beer. Beer is good for you and there are only two types of beer, good and better. Happy days,

Aunty Bob

(WARNING - the above contains actual advice that may be helpful to people – unlike most of Aunty Bob's advice.)

Dear Aunty Bob,

The older I get, the faster time seems to fly. Weeks are passing like days. It's really scary and I don't know how to make things slow down, other than trying to pass a kidney stone as I did last year. That certainly slowed time to a crawl, although it had its downside. Desperately need your ideas to slow time - in a pain-free way. TYIA

Terry Fyde

Dear Terry,

I know how you feel. It is very scary how quickly the time flies by. Yesterday I was young, now the aches and pains remind me that I am in the autumn of my life.

But let us consider this scientifically. There are 60 minutes in an hour, 24 hours in a day, 365 days in a year. It was ever thus and the same for all of mankind. Time is not changing, it is your perception that is changing. You are lucky. Time seeming to go fast means you're busy and active. Time going slow equals boredom and inactivity. Smile Terry, you could be in a nursing home staring at four walls and time would be dragging. Yours in advice,

Aunty Bob

Attention

Wordsworth's Local Election Exchange

- Are you nominating yourself for the upcoming Council elections?
or
- Are you weighing up the possibility of nominating for a position on Uralla Council?
or
- Are you interested in discussing issues and receiving views and feedback from potential candidates?

Beginning in our next edition Wordsworth will provide an unbiased platform called Election Exchange, for those people who wish to discuss the issues that will arise leading up to our next Council elections on 14 September this year.

Candidates may wish to tell our readers about themselves and the issues that interest them.

To achieve its goal of open communication Uralla Wordsworth needs your support. If you have a point of view you wish to express, or if you want to ask questions related to the elections please send an email to urallawordsworth@gmail.com.

Letters to the Editors

The opinions expressed in letters to the editors are those of the authors and do not necessarily represent the views of Uralla Wordsworth. Uralla Wordsworth is not able to fact check letters. Where authors make claims without referencing their sources, it is for the reader to assess the veracity of these claims.

Dear Editor,

I am seeking help from your readers.

The Lizard Lounge was once a cafe in Uralla that was known far and wide. Who can share stories about the Lizard Lounge and what was the food that was on the menu?

Sylvana ter Meulen, Uralla

Editor's note: if anyone has information they can share with Sylvana, please email your reply to urallawordsworth@gmail.com, and we will make sure that she receives it. Uralla Wordsworth Monday 29 April 2024 P11

Check out the latest solar grazing stories

The number of sheep grazing across our Stage 1 project site has now swelled to more than 6,000 merinos and cross breeds, with grass around the panels providing an ample feeding ground.

The sheep and lambs have been grazing on the pastures around the solar panels since last Christmas, with extra mobs introduced gradually, to help them transition to their new feeding ground.

Australia supplies around 70 per cent of the world's apparel wool, according to Wool Producers Australia, and much of the prized fleece originates from the New England region.



Head to the latest news section of our website to check out our new the solar grazing video www.newenglandsolar.com.au or go to our Facebook page [@newenglandsolar](https://www.facebook.com/newenglandsolar)

Learning weekend at cultural camp



Richard and Nathan from our operations teams had the opportunity to learn more about Anaiwan culture and heritage at a recent cultural camp for Aboriginal men and boys.

The three day camp was held in the Armidale region and was organised by the Cultural Camp Aboriginal Corporation, with the support of New England Solar.

Thanks to all our grant applicants

Thanks to all the local community groups and other organisations who took the time to submit applications for our latest round of Social Investment Program grants.

The grants and donations are being offered by ACEN Australia as part of its commitment to share the benefits of the New England Solar project.

Each application will be carefully assessed by our new Community Reference Group before the list of final grants can be announced by the end of May.

FOR MORE INFORMATION:

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